

# Edmund Rice Christian Brothers North America Office of Province Life and Renewal

## Spiritual Nourishment Resources Winter 2009-10

### Community Prayer

**Book: Prayers for Dawn and Dusk**

Author: Edward Gabriele

Saint Mary's Press

Suggested by: Br. John Cullerton

Comment: I found this book very helpful in the making of prayer services especially for Advent, Christmas and Easter.

**Book: Openings**

Author: Larry James Peacock

Upper Room Books, 2003

Suggested by: Br. Jason Ford

Comment: A daybook of saints, psalms and prayers.

**Book: Sacred Space**

Author: Jesuit Communication Centre, Ireland

Ave Maria Press, 2008

Submitted by: Br. Kevin Griffith

Comment: A daily prayer guide to Scripture readings for the Church year that is good for personal and/or communal prayer.

**Book: Psalms for Praying**

Author: Nan Merrill

Continuum, NY

Submitted by: Br. Jim Van Koolbergen

Comment: A deeply spiritual contemporary rewriting of the psalms for personal and/or communal prayer.

**Book: Quiet Moments for Teachers**

Author: Linda Page

Servant Publications 1998

Submitted by: Br. W. Harris

Comments: Each of the short reflections begins with a scripture passage, contains a brief story and draws a pertinent lesson. Written by a teacher with experience in psychiatric social work and bible study, these reflections provide inspiration and affirmation for teachers.

**Book: My Life With The Saints**

Author: James Martin SJ

Loyola Press, 2006

Suggested by: Br. Kiril Cavet

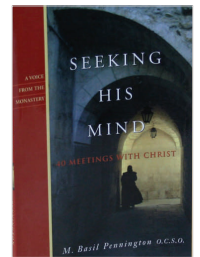
Comment: This book is thoroughly readable; most interesting chapters are those that tell of saints who seem out of sync with 21<sup>st</sup> century Catholicism.

**Book: Seeking His Mind (40 meetings with Christ)**

Author: Basil Pennington, O.C.S.O.

Paraclete Press 2002

Comments: The author of "Centering Prayer" begins with a fairly detailed explanation of Lectio Divina and his love of the practice. He follows up with 40 short chapters, each starting with an extended scripture reading followed by a very personal reflection. The chapters appear to be arranged in chronological order during Jesus' life, but any chapter could be used for prayer/reflection at any time of year.



**Book: Psalms Beyond 2000**

Author: Mark Link

Thomas More Publishing, 1996

Suggested by: Br. Bill Howard

Comment: This book can be used by an individual or by a community for daily meditation.

**Book: A Pilgrim's Almanac**

Author: Edward Hays

Forest of Peace Publications: Notre Dame

8<sup>th</sup> Printing, 2003

Submitted by: Br. Mike Segwich

Comment: For anyone on a spiritual journey this almanac is great with short reflections for each day. It is in its eighth publication so it is a good buy. Creative insights and daily sustenance!

## Cosmology

### Book: **The Hidden Heart of the Cosmos**

Author: Brian Swimme

Orbis Books, 1996

Submitted by: Br. Tim Smyth

Comment: A good broad view of the new cosmology especially exploring new scientific discoveries about the universe.

### Book: **Evening Thoughts: Reflecting on Earth as Sacred Community**

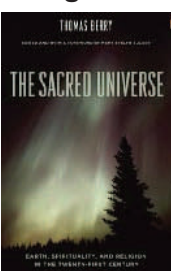
Author: Thomas Berry

University Of California Press, 2009

Submitted by: Br. Sean Whitty

Comment: This collection of essays by Berry expands and deepens ideas articulated in Berry's earlier writings. He opens our eyes to the full dimensions of the ecological crisis we face and frames it as a spiritual crisis. All of the essays forge a compelling narrative of creation and communion.

### Book: **The Sacred Universe: Earth, Spirituality and Religion in the 21<sup>st</sup> Century**



Author: Thomas Berry

Columbia University Press, 2009

Submitted by: Br. Sean Whitty

Comment: This is a series of essays composed by Berry over four decades highlight some of the key issues facing religions in the 21<sup>st</sup> century. It illustrates Berry's early understanding of the need for inter religious dialogue and the study

of other religions. As well, the book highlights Berry's prophetic insight regarding our rampant destruction of the earth's eco-systems and the extinction of species.

### Book: **Thank God for Evolution-How the Marriage of Science and Religion Will Transform Your Life and Our World**

Author: Michael Dowd

Penguin 2007

Submitted by: Br. Bill Stevens

Comment: Brian Swimme wrote: "As an evangelical Christian preacher (Michael) and an atheist (Connie Barlow) fell in love, got married and gave birth to their stunning new vision that promises healing to many. If you love God, love animals, love Jesus, if you love the flowers, the sun and the moon, here is the book that will help you gather all these loves together." A truly inspiring couple with a practical and concrete explanation of the new Cosmology and how to make it come alive in your life.

## Spirituality

### Book: **To Bless the Space Between Us; A Book of Blessings**

Author: John O'Donahue

### Book: **The Gift of Years**

Author: Joan Chittiser

Bluebridge, 2008

Suggested by: Br. Tom Collins

### Book: **Saved By the Light**

Author: Dannion Brinkley

Villard Books 1994

Suggested by: Br Pat Rowland

Comment: This book highlights a spiritual transformation, which occurred after a near death experience.

### Book: **The Way of the Wound**

Author: Robert Grant

Robert Grant Publisher Burlingame, CA

E-Mail: RW\_Grant@hotmail.com

Suggested by: Br Pat Rowland

Comment: A spirituality of trauma and transformation.

### Book: **Searching For God**

Author: Cardinal Basil Hume OSB

More-House-Barlow Co. Inc/Paulist Press, 1977

Suggested by: Br. Liam Nolan

Comment: The second part of the book is especially good. The first part will remind us of our formation.

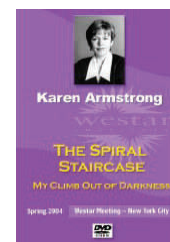
### Book: **The Spiral Staircase**

Author: Karen Armstrong

Harper Perennial, 2005

Suggested by: Br. Liam Nolan

Comment: A great true story of failed religious life, a faith lost and faith regained.



### Book: **Awakening the Energies of Love**

Author: Anne Hillman

Bramble Books, 2008

### Book: **Jesus For the New Religious**

Author: John Shelby Spong

### Book: **Tomorrow's Catholic**

Author: Michael Morwood

23<sup>rd</sup> Publications, 1997

Book: **The Fulfillment of All Desire**

Author: Ralph Martin

Emmaus Road, 2006

Comment: A guidebook for the journey to God based on the wisdom of the saints.

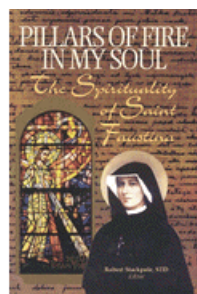
Book: **John of the Cross: Man and Mystic**

Author: Richard Hardy

Pauline Books and Media, 2004

Comment: This book is good for scholars and general audience alike.

Book: **Pillars of Fire in MY Soul: The Spirituality of St. Faustina**



Author: Rev. Joseph Andresz SJ

Marian Press, 2004

Comment: Our trust in the mercy of God.

Book: **Holy is the Temple**

Author: Bob Hurd

OCP

Suggested by: Br. Jason Ford

Book: **Each Time I Think of You**

Bob Hurd and Anawim

OCP

Suggested by: Br. Jason Ford

Book: **Religious Life in America: A New Day Dawning**

Author: Sean Sammon FMS

Alba House, 2002

Suggested by: Br. Jason Ford

Comment: A pastoral plan for the continuing renewal of religious life.

Book: **God Underneath**

Author: Edward L. Beek

Image Books (Doubleday Press), 2005

Suggested by: Br. Jason Ford

Comment: The spiritual memoirs of a Catholic priest which is moving, funny and profound. It contains many vignettes that blow the line between sermon and story.

Book: **Blessed Ambiguity: Brothers in the Church**

Editor: Michael Meister FSC

Christian Brothers Publications, 1993

Suggested by: Br. Jason Ford

Book: **New Wineskins**

Author: Sandra Schneiders IHM

Paulist Press, 1986

Suggested by: Br. Jason Ford

Book: **Selling All: Commitment, Consecrated Celibacy and Community in Catholic Religious Life**

Author: Sandra Schneiders IHM

Paulist Press, 2001

Suggested by: Br. Jason Ford

Comment: An examination of modern religious life.

Book: **Whispering The Word**

Author: Jacqueline E. Lapsley

Westminster -John Knox Press, 2005

Suggested by: Br. Jason Ford

Book: **Consuming Faith**

Author: Tom Beaudoin

Sheed and Ward, 2007

Suggested by: Br. Jason Ford

Comment: This book addresses the challenges of living Christian faith in a market driven society.

Book: **Sacred Silence**

Author: Donald Cozzens

Liturgical Press, 2004

Suggested by: Br. Jason Ford

Comment: This book addresses the most stunning failure in the history of the American Catholic Church. It explores the denial at the heart of the current crisis.

Book: **Love Your Enemies**

Author: Lisa Sowle Cahill

Fortress Press, 1994

Suggested by: Br. Jason Ford

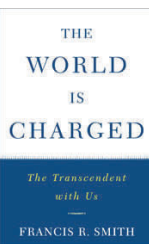
Book: **Go and Do Likewise: Jesus and Ethics**

Author: William C. Spohn

Continuum, 2007

Suggested by: Br. Jason Ford

Comment: The author, using Jesus' own language and teachings suggests that it is more important to ask: "What has Jesus equipped us for and to what is he calling us?"



Book: **The World Is Charged**

Author: Francis R. Smith

Crossroad Publishing Company, 2003

Suggested by: Br. Jason Ford

Comment: This book addresses a need in classrooms everywhere to explain the unique nature of the Christian God.

Book: **Spirituality of The Beatitudes**

Author: Michael H. Crosby OFM Cap

Orbis Books, 2005 (19<sup>th</sup> edition)

Suggested by: Br. Jason Ford

Comment: This author uses the Gospel of Matthew and the Beatitudes to explain the mind of Matthew for today's audience.

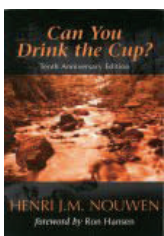
Book: **What Happens At Mass**

Author: Jeremy Driscoll OSB

Liturgy Training Publications-Gracewing, 2005

Suggested by: Br. Jason Ford

Comment: This book draws the reader into a deeper understanding of the mystery of faith. It is about God acting in our lives through tangible human actions and words.



Book: **Can You Drink the Cup**

Author: Henri J. Nouwen

Ave Maria Press, 2006

Suggested by: Br. Jason Ford

Comment: This author explores the deep spiritual impact of the question Jesus asked his disciples James and John.

Book: **The Return of the Prodigal Son**

Author: Henri Nouwen

Image Books Doubleday, 1992

Submitted by: Br. Jason Ford

Comment: A chance encounter with a reproduction of Rembrandt's "The Return Of The Prodigal Son" catapulted Nouwen on a long spiritual journey.

Book: **Don't Trust the Abbot (Musings from the Monastery)**

Author: Abbot Jerome Kodell

Publisher: Liturgical Press 2009

Comments: A collection of brief essays originally written by the abbot for the monastery newsletter. The essays are divided into general categories: Trust and Faith, Christian Life, and Prayer. Each essay is thought provoking and stands on its own merit.

Book: **Primary Speech: A Psychology Of Prayer**

Author: Ann and Barry Ulanov

Westminster-John Knox Press, 1982

Suggested by: Br. David MacIntyre

Comment: A very interesting and insightful book on prayer.

Book: **Good Goats: Healing Our Image of God**

Author: Dennis and Sheila Lynn/Matthew Lynn SJ

Paulist Press, 1994

Submitted by: Br Jim Van Koolbergen

Comment: A wonderful warm-hearted transformation of the image of God for those stuck in the fire-brimstone image of God.

Book: **Jesus, CEO (Using Ancient Wisdom for Visionary Leadership)**

Author: Laurie Berth Jones

Hyperion 1995

Submitted by: Br. W. Harris

Comments: Jesus is presented as an executive leader whose leadership approach with his staff runs counter to most of today's techniques. Each brief chapter is fairly terse and is followed by questions to spark introspection. Reading this book might help us avoid being lured into more "modern" or "corporate" ways of thinking and dealing with others.

Book: **Who We Are is How We Pray (Matching Personality and Spirituality)**

Author: Dr. Charles J. Keating

Twenty-Third Publications 1987

Submitted by: Br. W. Harris

Comments: There is no such thing as "one size fits all" spirituality. This book makes suggestions based upon the Myers-Briggs personality classification scheme. Aside from the value of the suggestions, it raises consciousness that what is good for one may not be good for another.

Book: **A Friendship Like No Other**

Author: William Barry SJ

Loyola Press, 2008

Submitted by: Br. Jim Van Koolbergen

Comment: A heart changing approach to living joyfully in God's friendship with reflections.

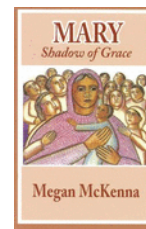
Book: **Mary: Shadow of Grace**

Author: Megan McKenna

NCW Press, 2007

Submitted by: Br. Tim Smyth

Comment: A good expansion of the biblical glimpses we get of Mary. The chapter of Joseph is revealing.



Book: **The Shack**

Author: William Young

Windblown Media, 2007

Submitted by: Br. Jim Van Koolbergen

Comment: An extraordinary fictional exploration of relationship with our loving Trinitarian God. Check the "Missy Project at [www.shackbook.com](http://www.shackbook.com)

Book: **A Cloister Walk**

Author: Kathleen Norris

Riverhead Books, 1996

Submitted by: Br Mike Segwich

This is a remarkable book for meditation. It is holy reading; lectio divina! Beautiful book!

Book: **Awakening The Energies of Love – Discovering Fire For the Second Time**

Author: Anne Hillman  
Bramble Books 2008

Submitted by: Br. Bill Stevens

Comment: I have read this book a second time and it is very profound. Thomas Berry wrote: “Anne Hillman puts flesh on the larger view-that we live immersed in a sea of energy beyond all comprehension, and that it is ours, not by domination but by invocation.” She makes very clear and practical how we can transform our lives and tap into the energies of love talked about by Teilhard de Chardin.

Book: **The Naked Now- Learning to see as the Mystics See**

Author: Richard Rohr OFM (Cap)  
Crossword Publishing Co. 2009

Submitted by: Br. Bill Stevens

Comment: The flyer on the cover says that ‘The enlightenment you seek in other religions has been present in Christianity from the beginning.’ Rohr helps you recognize the forces that separate you from your deepest self. Excellent book to read.

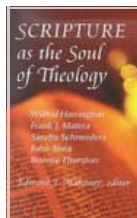
## Theology

Book: **Scripture as the Soul of Theology**

Author: Edward J. Mahoney  
Michael Glazier Books, 2005

Suggested by: Br. Jason Ford

Comment: A volume of essays.



Book: **Biblical Foundations of Spirituality**

Author: Barbara Bowe RSCJ  
Sheed and Ward, 2003

Suggested by: Br. Jason Ford

Book: **Uncovering the Life Teachings and Relevance of a Religious Revolutionary**

Author: Marcus J. Borg  
Harper San Francisco, 2006

Submitted by: Br Jim Van Koolbergen

Comment: An updated revising of Jesus, a new vision-an inspiring discovery of who Jesus was, what he taught and why he matters.

Book: **The Last Week: Day by Day Account of Jesus' Final Week in Jerusalem**

Author: Marcus Borg  
Harper San Francisco, 2006

Submitted by: Br. Jim Van Koolbergen

Comment: Appropriate for Lent or anytime using the Gospel of Mark.

Book: **Reading the Bible Again for the First Time**

Author: Marcus Borg  
Harper San Francisco, 2001

Suggested by: Br. Jason Ford

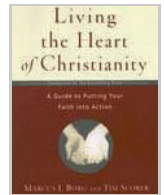
Comment: The author offers a bold understanding of Scripture that respects both Tradition and today's reality blending the best of Biblical scholarship with a profound concern for the authentic faith.

Book: **The Heart of Christianity**

Author; Marcus J. Borg  
Harper San Francisco, 2004

Suggested by: Br. Jason Ford

Comment: The author explores how we can live passionately as Christian in today's world by practicing the timeless elements of Christian life.



Book: **In the Beginning**

Author: James W. Augeson  
Westview Press, 2000

Suggested by: Br. Jason Ford

Comment: a book of essays that represent different trajectories though the complex world of biblical interpretations.

Book: **How Do Catholics Read the Bible**

Author: Daniel J. Harrington SJ  
Sheed and Ward, 2005

Suggested by: Br. Jason Ford

Comment: An essay on how Catholics read or do not read the Bible. Each chapter concludes with a question for reflection.

Book: **Weeds Among the Wheat: Discernment: Where Prayer and Action Meet**

Author: Thomas H. Green SJ  
AMA, 1984, 2000

Suggested by: Br. Jason Ford

Book: **Eternal Life: A New Vision - Beyond Religion, Beyond Theism and Beyond Heaven and Hell**

Author: Bishop John Spong  
Harper One 2009

Suggested by: Br. Bill Stevens

Comment: I went to a three day retreat with Bishop Spong where he talked about his book. Profound experience. I knew he was a controversial writer but I never met a religious person who has more integrity and honesty. He speaks from the heart and from his experience and from his years of Scripture study. He is 78 years old and is a world wide speaker.

## Music For Community Prayer & Reflection

CD: **Inner Peace Music**

Artist: Steve Halpern

[www.innerpeacemusic.com](http://www.innerpeacemusic.com)

1. Relaxation Suite
2. Peace of Mind
3. Chakra Suite
4. In the Om Zone

CD: **Title: Liquid Mind**

Artist Chuck Wild

Excellent music for reflection and quiet time.

## Community One-Day Retreat DVD'S

DVD's available from All Hallows Community  
for Community Retreats

To borrow contact: **Br. Jim Hamilton**

Comment: These are excellent for any  
community's day retreat.

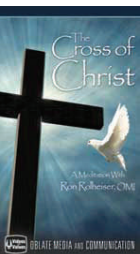
### **Eucharist: The Source and the Summit (Oblate Media)**

A three part (approx 9 minutes each) reflection on the Eucharist.

### **The Passion of the Christ (Ron Rohlheiser, OMI-Oblate Media)**

Through Scripture and examples from life, Rolheiser gives new understandings and encouragement in how we can give our lives to the world and also give our death to the world.

Two parts of approximately 50 minutes each.



### **The Cross of Christ (Ron Rohlheiser OMI-Oblate Media)**

He offers a reflection on how the ultimate symbol of love, the cross, calls us to live the Mystery of Christ and invites us to discipleship.

Two parts approximately 50 minutes each.

### **Eucharist: God's Way of Embracing Us (Ron Rohlheiser, OMI –Oblate Media)**

We are a Eucharist people, a Eucharist Church, a community formed and nurtured by the Eucharist. How does the Eucharist work? What are its various meanings?

Two parts of approximately 50 minutes each.

### **Living In the Likeness of God (Ron Rohlheiser, OMI –Oblate Media)**

During the course of a three-part journey, he reflects on the Scriptures, the Gospels and the writings of theologians and scholars in order to describe the struggles inherent in our blessedness.

Three parts approximately 50 minutes each.

### **Spirituality and the Two Halves of Life (Ron Rohlheiser, OMI –Oblate Media)**

He offers insights on the spiritual tasks of the two parts of life-the period where we leave home and the half where we journey home.

Two parts of approximately 50 minutes each.

### **On Blessings (Ron Rohlheiser, OMI – Oblate Media)**

He reflects about blessings in a whole new way: the focus is not how we get them or count them but how to give them.

One disc, one part approximately 55 minutes long.



### **Generative Discipleship: The Deeper Invitation of Jesus (Ron Rohlheiser, OMI –Oblate Media)**

He reflects on what Generative Discipleship means in a Biblical Perspective and how it can bring deeper meaning to our lives.

Two parts approximately 55 minutes.

### **An Advent and Christmas Journey (Fr, Michael Himes-Franciscan Communications)**

Fr. Himes goes in-depth into the spirituality and theology of Advent and Christmas in this five part series.

Two discs-five parts of approximately 25 minutes each.

### **A Lenten Journey (Fr, Michael Himes-Franciscan Communications)**

Fr, Himes draws insights from the Lenten Sunday readings (Year A cycle), particularly the stories of water, light and life from John's Gospel in this four part series.

Four parts approximately 25 minutes each.

### **The Spirituality Of Struggle (Joan Chittister, OSB-Faith and Values media)**

This three part series is based on Sr. Joan's book "Scarred by Struggle, Transformed by Hope".

She invites us to look at the struggles of life in order that we might remember how to recognize new life in our souls.

Three discs, three parts approximately 27 minutes each.



**The Spiritual Life: Recognizing the Holy (Robert Fabing, SJ-Paulist Press)**

Fabing examines the spiritual life, "movement towards God" as an emotional journey towards self-knowledge in the company of God.

One disc approximately 62 minutes.

**Beatitudes, Our Blessings (Kathleen O'Connell Chesto-Twenty-Third Publications)**

Chesto invites us to look at the Beatitudes as a call to live out our own particular gift in a way that enables us to be a blessing to the community.

VHS tape approximately 42 minutes long.



If you have suggestions for *Spiritual Nourishment Resources*, please send them to Br. Seán Whitty:

[fswitty@hotmail.com](mailto:fswitty@hotmail.com)

Be sure to include:

Category

Community Prayer

Cosmology

Spirituality

Theology

Music For Community Prayer and Reflection

Type of resource (book, CD, DVD, etc.)

Author, editor, musician, etc.

Date of publication/release

Name, address, telephone, website, etc. of publisher/source

Your Name

One or two sentence comment/review

Winter 2009-10

Office of Province Life and Renewal  
Br. Seán Whitty, CFC  
[fswitty@hotmail.com](mailto:fswitty@hotmail.com)