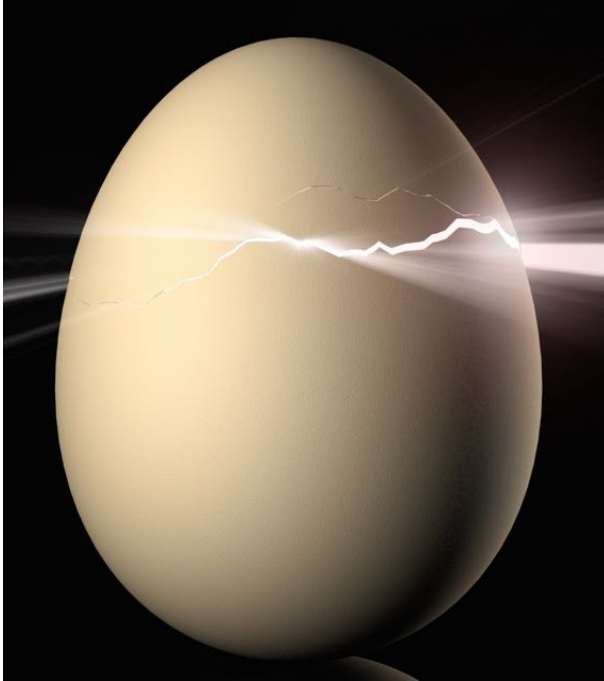




———— PAIN ————



And a woman spoke, saying, Tell us of
Pain.

And he said:

Your pain is the breaking of the shell
that encloses
your understanding.

Even as the stone of the fruit must
break, that its
heart may stand in the sun, so must you
know
pain.

And could you keep your heart in
wonder at the daily
miracles of your life, your pain would not
seem

less wondrous than your joy;
And you would accept the seasons of
your heart,

even as you have always accepted the seasons
that pass over your fields.

And you would watch with serenity through the
winters of your grief.

Much of your pain is self-chosen,
It is the bitter potion by which the physician within
you heals your sick self.
Therefore trust the physician, and drink his remedy
in silence and tranquility:
For his hand, though heavy and hard, is guided by
the tender hand of the Unseen,
And the cup he brings, though it burn your lips, has
been fashioned of the clay which the Potter has
moistened with His own sacred tears.

Kahlil Gibran





EDMUND RICE SINON SECONDARY SCHOOL (ERSSS)
HOSTS ST. AIDAN'S OF IRELAND



Students of St Aidan's and ERSSS in Arusha

For the past one week, Edmund Rice Sinon Secondary School has been hosting an immersion group from Ireland known as St. Aidan's. The group arrived on 24th October 2015 and is expected to fly back home on 4th November 2015.



L-R Niamh, Patrick and Patricia

The group is comprised of 12 school boys and three creative teachers (namely Patrick, Patricia and Niamh). Apart from joining ERSSS students in classrooms and visiting orphans in nearby orphanages, the boys also had an opportunity to play soccer with their counterpart hosts. Though the score did not favor the St. Aidan's team (4-2), the boys proved to be tactical, skillful, and well-coordinated. They had also a challenge in

trying to cope with a dusty, bumpy field. For St. Aidan's, this game was probably the real taste of Africa! After the match, all players gathered to share soft drinks and to share funny stories as close friends. While enjoying drinks, countless selfies were taken as memories to mark the occasion. The Edmund Rice Sinon Secondary School administration takes this opportunity to thank St. Aidan's administration and parents for allowing the boys and the teachers to come to Tanzania. It is our hope that a similar immersion will again take place next year or in the near future. Karibu Sana!

Simon Kaswahili





CLT MEETS LEADERSHIP TEAMS OF AFRICA PROVINCE



L-R Back row Peter Dowling, Noel Bradshaw, Andrew Turay, Revy Hang'adu, Hugh O'Neil, Alfred Banda, Richard Walsh, Tony Shanahan, Michael De Klerk, John Casey. Front row L-R Donal Kirk, Chris Nhete, Amandi Mboya, Albert Gomez, Julian McDonald and George Massay

Congregation Leadership Team (CLT) had a meeting with the District and Province Leadership Teams of the Africa Province in Lusaka. The venue was Kasisi Retreat Centre, situated a short distance from Lusaka International airport.

The meeting was rich in brotherhood, as various leadership teams shared how the Nairobi Chapter mandate is being implemented in each District. The three days were packed with reflections and processes of clarifying issues that hinder us from living fully the call of Our Way Into the Future.

We received a warm welcome from the participants of the Orientation Program in Lusaka on our last day. The sharing in small groups gave us a glimpse of a very rich and formative experience that our brothers are experiencing in Lusaka.

George Massay

PICTURE OF THE WEEK

Amandi and I had a photo opportunity with the East African District participants in the Orientation Program in Lusaka. Some are brother novices but they don't appreciate the "title" novice, as they are fully welcomed in the orientation program as Brothers. I don't blame them!! It was nice catching up with everyone and sharing their enthusiasm for OWITF.





L-R Standing Sammy, George, Nicholas, John, Philip, Amandi and Fred. Seated L-R Dominic, Lawrence and Edward

Birthdays in November:

NOVEMBER	02	PAUL MUTUKU (Eldoret)
	10	MARTIN KHAEMBA (Otiende)
	15	GERARD ELLUL (Shamsi)

CALENDAR

November 21 First profession Lusaka

November 23-27 PLT meeting in Lusaka

December 11-14 District Assembly December

12 Jamhuri Day (Kenya)

Many Blessings,

George Massay

