



### ———— CONSCIOUSNESS ————

Everything that takes place in your life happens because of your consciousness.

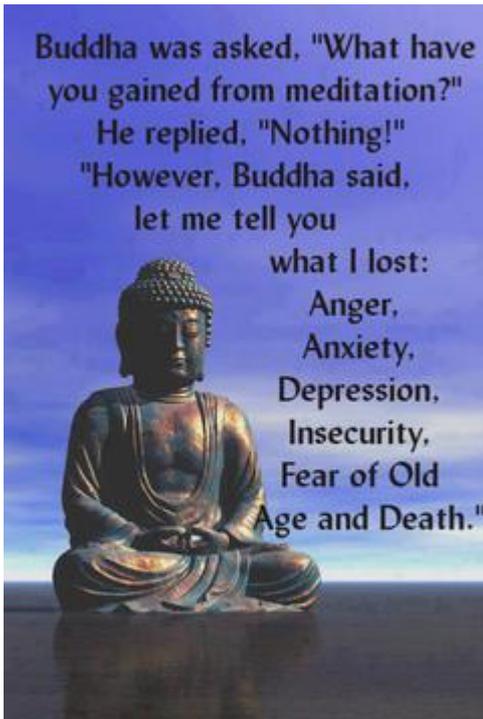
Raise your consciousness  
and you raise your whole being,  
your whole outlook on life,  
and you start to live  
the full and glorious life  
which is your true heritage.

You can be told about it,  
and you can see others living it,  
but until it enters your consciousness  
and you can accept that it is for you,  
nothing happens.

The most seemingly simple and child-like person  
can accept the kingdom of heaven  
far more easily  
than the most deeply intellectual people  
who think they know all the answers  
with their minds  
but whose consciousness  
has not been raised to higher levels.

Everyone can reach a raised state of consciousness.  
But it is something to be achieved from within,  
from inner knowing,  
from inspiration and intuition  
which require no outer knowledge and wisdom.  
It is all there within everyone,  
simply waiting to be recognised,  
drawn forth and lived.

Eileen Caddy





## VINCENT MALLYA'S GRADUATION



Vincent began his remarks by welcoming by name the VIPs present. Three minutes after he began, he said "Good Evening."

It wasn't a good evening; it was a great evening. Over 56 people arrived at 7 Silanga Close to celebrate Vincent's earning of a master's degree with first honors. While this is an admirable accomplishment for any brother, it is especially so for Vincent, when one remembers that he

did this while holding a **full time, demanding position** in the province and district.

The Karen community had planned the event all week in impromptu meetings on the table. Their efforts were supplemented by the presence of Johanna, a close friend of the community and the postulants of SND de Namur, who were with us all day under the guidance of their formator, the sister of Chrispinus.

The celebration began at 3pm and went well into the night.

By all key indicators: "A good time was had by all."

**Richard DeMaria**

## COMMUNITY LEADERS SHARE WISDOM

District Community Leaders (apart from Pascal who sent his apologies from Yambio) gathered at Mary Ward on Friday evening 2.10 and then met with the DLT on Saturday 3.10. The first item was a sharing of the joys and disappointments in our experiences of being a CL and the issues arising from those experiences.

There was much delight in the responses to the DLT's draft action plan for the implementation of OWITF in our East Africa District in





2016. This draft is to be taken to the meeting of Africa PLT, DLTs and CLT for comment before being sent to the Brothers of the District.



L-R Russell Peters, John Paul, Paul Mutuku, Gerard Ellul, Clem Barrett, Amandi Mboya, Tony Shanahan, Tom Kearney, Tim Lockwood and George Massay

In the general business session there were discussions on: responses to “Laudato ‘Si””; the District Old Age Fund; Yambio; a draft of a personal information form; House annals; Solar Power; outcomes of the PLT Visitation. Eucharist and a fine evening meal brought the gathering to a conclusion.

**Russell Peters**

———— **EMBRACING THE YEAR OF CONSECRATED LIFE IN  
YAMBIO** ————

This year being the year dedicated to Consecrated Life, the religious of Yambio gathered yesterday in Rimenze, a one hour drive away from Yambio, for reflection and prayer on the theme of Consecrated Life. Pope Francis, in *Evangelii Gaudium*, (the Joy of the Gospel), reminds us that all the baptized, regardless of their position in the Church or their level of education in the faith, are agents of transformation. Thus evangelization, a missionary task, must be carried out with spirit. An evangelization that burns in one’s heart is very different from doing a series of burdensome tasks which are endured because they contradict one’s personal inclinations and desires.





As Evangelization is a missionary task, we were given two questions to ponder and reflect over:

1. *How is my community life supporting me as a religious?*
2. *How is my ministry helping me to be in solidarity with the marginalized people of Yambio South Sudan?*



Religious of Southern Sudan

As South Sudan is a war torn country, the level of insecurity is very high. For the last two nights there have been heavy gun shots. The Presidential decree creating more federal states has caused mixed reactions. The country needs a lot of prayers so that the newly signed peace agreement is implemented.

**Fred Otieno**

### ———— DANIEL LYIMO'S VISIT IN TASMANIA ————

Daniel Lyimo recently spent 4 days in Tasmania as guest of Brothers Sean McManus (East Africa 1997-2003) and Peter Flint. He spent time at St Virgil's College in Hobart before travelling to Launceston. There he was a special visitor at St Patrick's College for its annual East Africa Day. He spoke to several classes and explored the various activities including the College Talent Quest.

He and Sean were joined by Bert McGregor who was the first Christian Brother in East Africa back in the 1980's. Bert travelled several hours from Burnie to meet Daniel. They ate lunch together in the Barrett Gymnasium- named after a prominent Brother in East Africa.





Daniel Lyimo speaking to students of St Patrick's College, Tasmania

At the end of the day, Daniel addressed the College Assembly and thanked the students and staff for walking with their East African brothers and sisters. The staff and students of the two schools were pleased to continue the

connection with East Africa through the visit of Daniel. The Tasmanian schools have contributed funds to various schools and projects in East Africa for over 25 years. And back in Hobart, Peter Flint appreciated the rare chance to have deep spiritual conversation with a post-modern guru!

**Sean McManus**

———— PICTURES OF THE WEEK ————



Daniel meets 93 year old Br Jack Higgins in the St Virgil's College History Centre in Hobart Tasmania. Behind them is the black Brothers habit which Br Jack used to wear.





Daniel meets up with Bert McGregor, first Christian Brother in East Africa, when both were visiting Launceston Tasmania for East Africa Day at St Patrick's College.



Anthony Ryan and Natasha during the Gone Fishing visit at Mary Rice Centre

Lift me higher

## NOTICE

### FORM FOUR GRADUATION CEREMONY INVITATION

The Edmund Rice Simon Secondary School Community humbly invites you at their 25<sup>th</sup> form 4 graduation ceremony. The ceremony will take place **on Friday 16<sup>th</sup> October, 2015** from 9.30am to 2.00pm within the school premises. The chief guest will be Eng, Dr. Richard J. Masika, the Rector of Arusha Technical College.

**Simon Kaswahili**





## **CHANGE OF EMAIL ADDRESS**

You are being reminded that Br. Simon Kaswahili has changed his email address. He is now using gmail account. Please delete the old one ([nyandasimon@yahoo.com](mailto:nyandasimon@yahoo.com)) and replace it with ([simonkaswahili1@gmail.com](mailto:simonkaswahili1@gmail.com)). Thank you

## **BIRTHDAYS IN OCTOBER**

OCTOBER 01 CHARLES TAMUKU (Second year novice – Lusaka)  
08 DENIS REARDON (Yambio)  
13 CHRISPINUS MUNIALO (Karen)  
23 TONY SHANAHAN (Novitiate – Tamale)  
23 WYCLIFFE MAISIBA (Sinon)  
26 SIMON KASWAHILI (Embulbul)  
31 TIM LOCKWOOD (Otiende)

## **CALENDAR**

October 14 DLT meeting

October 16-18 Annually Professed Workshop (Sagana)

October 20 Mashujaa Day (Kenya)

October 21 DLT meeting

October 23-24 Formation Committee (Nairobi)

October 28-30 DLT, PLT and CLT meeting in Lusaka

November 21 First profession Lusaka

November 23-27 PLT meeting in Lusaka

December 11-14 District Assembly

December 12 Jamhuri Day (Kenya)

Many blessings

George Massay

