



August 4, 2014

———— THE VALUE OF SILENCE ————

The elders of any society know from experience that silence aids thinking and that silence is an indispensable ingredient for any religious practice in the quest for the Ultimate Thou.

Genuine spiritual heights can only be attained through introspection which can only come through silence.

It is only in the silence of one's heart that one can confront oneself and reflect on life's important questions.

Ujah Gabriel Ejembi SJ



———— TOM KEARNEY ————

Tom had his knee operation done this last week, and it seems to have been successful. He has return to Treacy Centre to continue the task of doing the exercises for a successful rehabilitation. We wish Tom well and look forward to his return to East Africa.

———— VISITORS TO AUSTRALIA ————



Fred Otieno and George Massay

Fred Otieno and George Massay will be visiting Australia for three weeks on the invitation of Zimelle Board. They will be joining Angeline Obutu who has been in Australia for over two weeks to attend the AIDS conference which was held in Melbourne. The purpose of the visit to Australia is to visit schools in Melbourne for personal development, share the life experiences of the ministries in East Africa, and to be special guests at Zimele Dinner on August 23rd at St Kevin's College. All proceeds from the Zimele Dinner will be supporting Education For Life in Kenya and Star

Support in Southern Sudan which are important ministries that we run supporting men, women and children suffering from HIV.





July 21, 2014

———— **A WEEK LONG TRAINING FOR TRANSFORMATION (TFT)
WORKSHOP – EAST AFRICA DISTRICT NAIROBI** ————



Sammy Munyua in action

“Change will not come if we wait for some other person or some other time. We are the ones we’ve been waiting for. We are the change that we seek” by Barrack Obama

Indeed as the words of Obama states, “we are the change that we seek”, the change was challenged during the TFT

workshop to start from each and every individual of the brothers

that were present and not present in the workshop. It was unfortunate that not all East African District Brothers were present to feel and share the challenge and start the process of change.

The workshop was a great moment to start the process of living the Congregation’s Chapter message of “Our Way into the Future”. It was with great appreciation that we had our own brothers facilitating the workshop. The three brothers (Sunday, Nicodemus and Paul) were up to the task. It was all praise to the facilitators from the Brothers for their good sharing and skills displayed during the workshop.

One important message that resonated amongst all the present brothers was that the TRANSFORMATION should begin within every brother and embrace each other as members and owners of the Congregation of Christian Brothers.



Participants of TFT

SIMON ODONGO





July 21, 2014

———— **CARRIGG KARIBU 2014** ————

It was a great privilege to be a part of Carrigg Karibu. To be a guest in another person's country and home was humbling. I witnessed many examples of servant leadership and "washing of the feet". I was fortunate to encounter the inspirational and gifted staff of many Edmund Rice ministries who were prepared to "give to the poor in handfuls".



Paul Shannon at Mary Rice Centre

This experience brought me into direct contact with the true meaning of servant leadership. It was an opportunity to put "flesh and blood, real faces, real names" onto the faceless and nameless people of East Africa. I would like to thank all of the people I met along the way for their warmth and hospitality. Mostly, I would like to thank the children and young people I met. Their exuberance, friendliness and love of life are inspirational. All the best,
Paul Shannon





July 21, 2014

GRATITUDE



Frank O'Shea receiving a gift of bananas

Sometimes we take for-granted some of the small things that make us smile on day-to-day basis. Today Frank and our Business Manager Pius received gifts from a grandmother of one of the secondary school student- Vanila Nyaisu on our scholarship program on her appreciation of the assistance the Centre has given to her grand daughter. Gifts truly given from the heart and truly made Frank and Pius smile.

BIRTHDAYS IN AUGUST

AUGUST	17	NICHOLAS ODHIAMBO (Otiende)
	18	CONSTANTINE SUNDAY (Eldoret)

CALENDAR

Sept 20	Cluster Day in Nairobi (Saturday 9 am to 5 pm)
Sept 28 – 30	ERMA gathering, Mary Ward
October 10 – 12	Annually Professed Weekend
October 30 – 31	Formation Committee Meeting - Nairobi
Oct 31 – Nov 1	Community Leaders Meeting (Friday supper and Saturday)
Nov 29	First Profession (Tamale)
Dec 6	Ritual of welcome and missioning for newly professed (Nairobi)
Dec 12 - 15	District Assembly

Thank you very much

George Massay

