



————— **“WE ARE THE ONES WE HAVE BEEN WAITING FOR”** —————

"You have been telling the people that this is the Eleventh Hour, now you must go back and tell the people that this is the Hour. And there are things to be considered . . .



"Know the river has its destination. The elders say we must let go of the shore, push off into the middle of the river, keep our eyes open, and our heads above

Where are you living?
What are you doing?
What are your relationships?
Are you in right relation?
Where is your water?
Know your garden.
It is time to speak your Truth.
Create your community.
Be good to each other.
And do not look outside yourself for the leader."

Then he clasped his hands together, smiled, and said, "This could be a good time!"

"There is a river flowing now very fast. It is so great and swift that there are those who will be afraid. They will try to hold on to the shore. They will feel they are torn apart and will suffer greatly.

water. And I say, see who is in there with you and celebrate. At this time in history, we are to take nothing personally, Least of all ourselves. For the moment that we do, our spiritual growth and journey comes to a halt.

"The time for the lone wolf is over. Gather yourselves! Banish the word struggle from you attitude and your vocabulary. All that we do now must be done in a sacred manner and in celebration.

"We are the ones we've been waiting for."

-- attributed to an unnamed Hopi elder
Hopi Nation
Oraibi, Arizonamstheme





———— MISEAN CARA MONITORING VISIT
AT EDMUND RICE SINON SECONDARY SCHOOL ————



Ivana Youtchak and Paul Njeru of Miseen Cara visiting Edmund Rice Secondary School kitchen. In the picture are also the kitchen staff and Br Vincent Mallya

The 12th September 20, the long-awaited visit by representatives of Miseen Cara to Edmund Rice Sinon Secondary School took place. Accompanied by the Project Mission Coordinator, Br. Vincent Mallya, and Miseen Cara Project Officer, Ivanna Youtchak, Miseen Cara Development Mentor, Mr. Paul Njeru Gichuki spent the whole morning with the school community in conversation, monitoring, and visiting the school premises to view one recent project. The purpose of this visitation was to monitor and evaluate the success of a small development project grant which was given to school by Miseen Cara in 2013. The grant was given in order to improve food and hygiene facilities for students and staff. After some introductory conversation, Paul, Ivanna, and Vincent visited the completely renovated kitchen toward which the Miseen Cara funds had been used.



Br Vincent Mallya introducing Paul and Ivana to the students

They shared with us that they were very impressed by the physical appearance of the project. The kitchen had been renovated to provide broad open space, ventilation and upgraded cookers. Ivanna, Paul and Vincent were favourably impressed by the cleanliness and order within the kitchen area. They were also impressed by the bright smiles from the kitchen staff who, for a long time, have been using the improved facilities. It was a





golden opportunity for them to meet and thank representatives of Misesan Cara in person. After their tour of the kitchen area, Ivanna, Paul and Vincent were also pleased to visit the school green house project which they viewed briefly before concluding their visit. They told us that the project was indeed a manifestation of self-suitability.

In short, the visit proved to be a good experience and our visitors were impressed with how funds had been used, they left us satisfied with the work that their funding has made possible.

Simon Kaswahili

———— ANNUAL TRAINING ON CHILD PROTECTION – CHRISTIAN BROTHERS, EAST AFRICA DISTRICT ————

Exhausted from normal working duties and calls, we wondered why we were gathering for training about child protection on a weekend. Would we learn something important or were we just filling seats to make the District Leadership happy? Nineteen (19) on-site Child Protection Officers from ministries in Kenya and Tanzania came together on Friday evening, September 16 and remained until Sunday afternoon, September 18, 2016 at the Dimesse Centre in Karen.



Participants of the Child Protection Workshop facilitated by Bev Watkinson and Br Amandi Mboya

In fact, it was an enjoyable journey filled with new insights, reminding us of the important issues of working with children; ‘stepping into their shoes’. We discussed the following important topics: types of abuse, communication, presentation, reporting procedures, and risk





management. Without doubt, this was a needed workshop and we were not just filling seats. We learned so many important things. The two highlights of the sessions were learning about the creativity that different ministries have developed concerning communicating a child friendly advocacy messaging to their audiences; and the evening dance, which 'turned child protection practitioners into children'.

Fun we had and we now look forward to work towards the best interests of the child, putting into practice the new learnings. Thank you Bev Watkinson and Br. Amandi Mboya

Until next time, *adios!!!*

Irene Anyango

FORMATION WORKSHOP

One of our Chapter directions refers to working collaboratively and networking. One of the ways in which we as Brothers do that is by sharing our gifts with the wider church. Tom Kearney's versatility and generosity in working with other congregations and groups over the years has been one good example of this. These days, Tom and Amandi spend time each Tuesday helping the Missionaries of Charity Fathers with Human Development classes and processes for their postulants and novices.



Formators of various religious Congregations in Arusha

I got a chance to do this recently when I was invited to lead a workshop for the formators' group in Arusha on the topic of "Vocational Discernment in Initial Formation". A lively group of over 20 formators brought many of the difficult issues they face for the group to reflect on. We found that working together on the struggles we face leads to greater clarity, shared wisdom and new energy to keep working with the young people in our formation houses to help them find their vocations.

TONY SHANAHAN





———— **EDMUND RICE KARIBU, FULL DAY CAMP,**
SEPTEMBER 10 ————



At the Regina Pacis site, we had 74 children and eventually by afternoon 29 leaders all enjoying the non-stop games amidst great laughter and joy. A feature for me and again the vote of thanks by two small children, full of smiles as they spoke was the self-confident description by two small children of their own art work and that of their group.

BR. PETER COLE

———— **EDMUND RICE KARIBU,**
HALF-DAY CAMP SEPTEMBER 17 ————

This activity took place at the old Edmund-Mary Rice site with 45 children and a functional 20 leaders. The feature of the morning was the smiles and laughter of the children. We try in the latter part of the session to have leaders help the children tell their stories and express their feelings by colours. The children were focused and many were proud of what they had produced.



BR. PETER COLE





———— **EDMUND RICE KARIBU,**
EXECUTIVE MEETING, SUNDAY SEPTEMBER 18 ————

Principally we evaluated the camp activities and found that we still have much to work on to live up fully to our ideal performance. The issue of reclaiming old members as well as recruiting current form 4 leavers occupied a lot of time. The members see the need to keep encouraging as well as challenging especially in the light of upcoming immersions.

BR. PETER COLE

———— **NAIROBI SLUMS A TIPPING POINT**
FOR VOLUNTEER HEATHER ————

Published: 02 September 2016 – by Catholic News Perspective



Photo: Palms Australia volunteer Heather Henderson with one of the children of the Mukuru kwa Ruben community in Kenya (Palms Australia)

Hailing from Brisbane, she's there as a volunteer for Palms Australia, living among the poor and working at a primary school.

And the experience is changing her life. Arriving in May last year, Heather said initially “all I could think of was how we in the modern west only ever hear about the struggles of violence, poor health, poverty, abuse, and shocking living conditions.”

“I was determined to bring the good news and positive messages,” she said. “Yes, all those negative things are there but the community deal with them in such an optimistic way.

“There is always a smile, a shrug, and a deep belief in God. If it is too





hard, you will see a shrug, followed by a smile, and a ‘God will find a way.’

“This deep spiritual conviction has touched me and shown me that in even the toughest situations, these people can always find a way through.”

Heather said the Kenyans of one of the biggest slums in Nairobi – Mukuru kwa Ruben – “have welcomed me with wide arms and open hearts.”

“These people have become my family, the biggest family you can imagine,” she said.

“They share everything with me . . . I do not want for anything and everything is given from the heart. The support I receive is heartwarming and I am never left alone.”

The people of the slums “have so little,” but Heather said nothing she asked for “is ever too difficult.”

“I only have to ask and it is done for me.”

FULL STORY

Slum dwellers turn the tables in Heather’s life

REMAINING BIRTHDAYS IN SEPTEMBER:

| | | |
|------------------|----|---|
| SEPTEMBER | 24 | FRANK O’SHEA (Sth C) |
| | 24 | GEORGE MASSAY (Sth C) |
| | 27 | ALLAN SHUNZA (2 nd year novice – Tamale) |

CALENDAR

| | |
|----------------|--|
| SEPTEMBER 26 | ERMEA CAPACITY ASSESSMENT |
| SEPTEMBER 28 | DLT Meeting |
| OCTOBER 1 | Cluster Meeting – Nairobi |
| OCTOBER 3 | VALIDATION MEETING – CAPACITY ASSESSMENT |
| OCTOBER 8 | Cluster meeting – Arusha |
| OCTOBER 10-12 | Formation Committee Meeting |
| OCTOBER 12 | DLT Meeting |
| OCTOBER 14-16 | AP Workshop - Arusha |
| OCTOBER 26 | DLT Meeting |
| OCTOBER 28-29 | Community Leaders Meeting |
| NOVEMBER 8 | DLT meeting |
| NOVEMBER 21-24 | PLT meeting (Freetown) |
| NOVEMBER 26 | First Profession (Tamale) |





NOVEMBER 30
DECEMBER 3-7
DECEMBER 12
DECEMBER 16-18

DLT meeting
DLT away for end-of-year review and planning
Jamhuri Day
District Assembly

Many blessings

George

